



APRIL 28, 2020

NEW GUIDANCE FOR COVID-19 TESTING

The Illinois Department of Public Health (IDPH) has updated their guidance regarding who can be tested for COVID-19. Due to increased capacity, testing is now available for people who have COVID-19 symptoms, have a risk factor (such as exposure to COVID-19 or a compromised immune system), work in a health care facility, work in correctional facilities or support critical infrastructures. [Click here for the updated guidance.](#)

SIGN UP FOR RAVE/SMART 911 BY MAY 1

The Villages of La Grange Park, La Grange and Western Springs (LTACC communities) are moving (from CodeRed) to the RAVE Alert / Smart 911 emergency notification system. This change is effective May 1, 2020. Please take some time this weekend to register your household! SIGN UP HERE: <https://www.smart911.com/>.

FREE BASIC YOGA VIRTUAL CLASS FROM THE COMMUNITY PARK DISTRICT

Wednesday, April 29th from 6:30-7:30 p.m. (with Theresa)

If you are interested in participating, please go to zoom.com and sign up for a free account. Here is the link to the Zoom activity: <https://us02web.zoom.us/j/89039157699?pwd=eStZNnJ4ZWZTS3NybnBlMk5hTnl0Zz09>. The password is 1501. On the evening of class, (Wednesday at 6:30 pm) you will click the link and it will take you directly to our virtual yoga group.

For the month of May, the Park District is offering 4 online Basic Yoga classes for \$17 for Residents and \$27 for Non Residents. Classes will take place from 6:30-7:30 pm on the following Wednesdays:

- Wednesday, May 6
- Wednesday, May 13
- Wednesday, May 20
- Wednesday, May 27

Please email ajusk@communityparkdistrict.org by 2:00 p.m. on Monday, May 4 if you would like to continue with the virtual yoga classes. She will send all participants an update by Tuesday, May 5 on the continuation of the session.

FEED COVID-19 FIRST RESPONDERS

Proviso Public Partnership and Proviso Township Mental Health Commission is committed to raising funds to help provide 250 meals a day for these hospital workers during this pandemic. Meals are provided by our local restaurants and go to hospital staff at *Gottlieb, Loyola, UIC, Westlake, Advocate Christ, MacNeal, and Lurie Children's*. How can you help? [Click here](#).

Proviso Township is partnering with Double Good Popcorn, a fundraising company that makes it easy for you to participate. 50 percent of every dollar you purchase of delicious premium popcorn will support and provide meals to our First Responders. Please support these modern day "hero's without capes" for the next several weeks as this pandemic continues. Your help is critical to our success. But time is of the essence! **This is a 4 Day Campaign - Our Goal is to raise \$20,000. April 27 to April 30. We can't do it without your support!**

If you would like to support hospital staff at *La Grange or Hinsdale* hospitals, please see the links below.

La Grange Meal Train-Emergency Department:

<https://www.mealtrain.com/trains/w1yn30>

Hinsdale Emergency Department Meal Train Link:

<https://www.mealtrain.com/trains/q43w81>

TODAY'S NEWS RELEASES FROM ILLINOIS.GOV

- [Public Health Officials Announce 2,219 New Cases of Coronavirus Disease](#)

CANCELED PUBLIC EVENTS

- Community Volunteer Day (May 2)
- Race for 102 (May 2)
- Planning & Zoning Commission (May 19)

ADDITIONAL FACE COVERING RESOURCES

- The CDC has published instructions on how to wear, clean and make face coverings at home. [Click here to see the instructions](#).
- No-sew masks with Surgeon General Dr. Jerome Adams. ([video available here](#)).
- No-sew face coverings ([illustrated guide available here](#)).
- Hand-sewn masks ([illustrated guide available here](#)).
- IDPH: <http://www.dph.illinois.gov/covid19/community-guidance/mask-use>

ADDITIONAL COVID-19 RESOURCES

- [Village Coronavirus webpage](#)
- [CDC Recommendations Regarding Face Coverings](#)
- [State of Illinois Coronavirus \(COVID-19\) Response Website](#)
- Text "TALK" or "HABLAR" to 552020 for Mental Health Counseling
- Text "UNEMPLOYMENT", "FOOD", or "SHELTER" to 552020 for Assistance
- Call: 833-673-5669 for Help with COVID-19 Symptoms
- [IDPH Map of Confirmed COVID19 Cases by Zip Code](#)

- IDPH Hotline: 1-800-889-3931
- IDPH Email for Questions about COVID-19: dph.sick@illinois.gov
- IDPH Email for Info on State COVID Response: Gov.COVID19stakeholder@illinois.gov
- [Hospital Resource Utilization Data](#)
- [Cook County Department of Public Health COVID-19 Surveillance Data](#) - Monday - Friday 7:00 a.m. to 3:30 p.m.
- Cook County Hotline: 708-633-3319
- Cook County Email: COVID19@cookcountyhhs.org
- Cook County Alerts: Text "alertcook" to 888-777

Events surrounding the outbreak of COVID-19 have been changing rapidly. The Village is working to keep residents informed of what is happening in our community. Please understand the situation is fluid and policies and procedures may change with little notice.

Village of La Grange Park