



HELP Request Form

Do you need assistance with basic indoor or outdoor chores?

HELP, or **Helping Everyone in La Grange Park** is a Village program that matches community volunteers with residents in need of assistance. The program began several years ago as a way to provide help to the many elderly residents who reached out to the Village each year needing help with basic household chores. When someone needs help with tasks, like mowing, snow removal, brush clearing, etc., we are able to send them the list of individuals who have indicated a willingness to be contacted and have signed up for the HELP program. The residents in need of assistance contact the volunteers directly and oftentimes work out a nominal payment that will be given to the volunteers for their service.

INSTRUCTIONS: If you need help with specific household chores, complete the form below and send or email it to the Village. Someone will contact you.

You are responsible for negotiating the time/date of service, and fees (if any). You may also be responsible for securing the equipment and/or tools necessary to do the work.

TODAY'S DATE: _____

YOUR NAME: _____ **EMAIL:** _____

YOUR ADDRESS: _____ **PHONE NUMBER:** _____

For which type of work do you need assistance?

- _____ Shoveling snow or snow blowing
- _____ Mowing lawns
- _____ Weeding
- _____ Raking leaves
- _____ Trimming shrubs/bushes
- _____ Painting
- _____ Other: _____

Please sign below. If you are under age 18, please have your parent or guardian sign as well.

"I understand that I am registering for a voluntary program. With my signature below, I agree to indemnify and hold harmless the Village of La Grange Park and its employees, officers, and appointed officials for any injury or damages which may arise as a result of my participation in the HELP program. I understand that I am responsible for contacting the volunteer name(s) provided to me. I understand that I may have to supply my own tools and equipment and/or negotiate with the volunteer to use theirs to undertake the work."

HELP Service Recipient Signature

Please return your form to the Village Hall, 447 N. Catherine Avenue, La Grange Park, Illinois, 60526. You may also call Village Hall to request HELP assistance at: 708-354-0225.